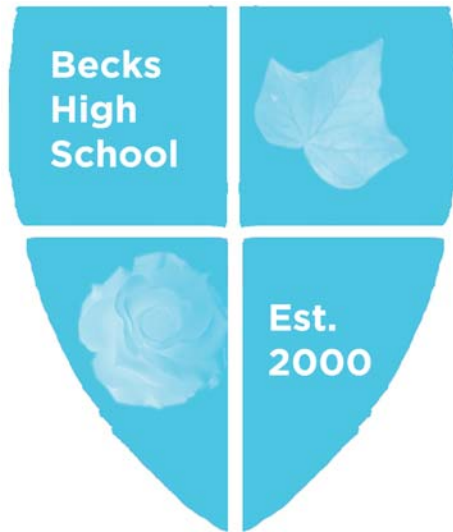


Name: John Jones
Date: 22/09/2009

GOAL Assessments

Pupil SEAL Analysis



Name

	Self-awareness %	Managing feelings %	Motivation %	Empathy %	Social skills %	Awareness of social & emotional difficulties %
John Jones	70	50	59	52	60	51

Self-awareness

John, you are quite a self-aware person. Most of the time you know what makes you 'tick'. You can usually talk to others about how you feel and what affects you.

Managing feelings

John, generally you can manage your feeling well. You do not get too upset when things go wrong and have ways of making sure that you don't 'lose it'.

Motivation

John, you are a highly motivated person. You are good at 'getting the job done.' You are not afraid of starting on new things, you plan well and are not put off when you come across a problem.

Empathy

John, You generally get on well with your friends and can usually read what their mood is or when they are unhappy. On these occasions you can sometimes find the right thing to say to make them better.

Social skills

John, you are comfortable with your friends and with working with people that you don't know very well. You are quite good at listening to other people's problems and in helping them sort them out.

Awareness of social and emotional difficulties

John, generally you get on well with other people and usually you mix well and can understand their feelings and what they are about. You know yourself pretty well and deal with your own feelings.